



High Trails

Understanding how we can all fit together on one healthy planet

POST OFFICE BOX 2640
BIG BEAR CITY, CA 92314
TELEPHONE/FAX: 800 428-1851
WWW.HIGHTRAILS.COM

Sample Schedule (5 Day)

For a 4-day program, there is one less day with Environmental classes, no Opening Night Campfire, no cabin time on Thursday night.

Monday	Schedule
10:30	Arrive
11:00	Respect Speech – Learn the Rules & Expectations. Outside at the Amphitheater
12:00	Picnic Lunch
1:00	Team Discovery Hike. Hiking in the National Forest
4:30	Switch to Cabin Groups & Move into Cabins
5:15	Dinner in the Dining Hall
6:15	Villages. In the Cabins
7:30	Opening Night Campfire – Whole School. Outside at the Amphitheater.
8:15	Nocturnal Nation. Night Hike around site
9:00	PJs, Bedtime Routine
9:30	Lights Out

Tuesday	Schedule
7:30	Breakfast in the Dining Hall
8:30	Villages/Shower Time/Cabin Time/Get Ready for the Day
9:45	Emergency Drill
10:00	Switch to Field Groups – Rest of the day is hiking in the National Forest
10:15	Environmental Class 1
12:15	Lunch in the Field
12:45	Environmental Class 2
2:45	Environmental Awareness
4:15	Brain Break – games, activities with Field Group
4:55	Switch to Cabin Group
5:15	Dinner in the Dining Hall
6:15	Villages/Shower Time/Cabin Time
7:30	Snakes – Whole School. In the Dining Hall.
8:15	Astronomy 1. Night Hike around site.
9:00	PJs, Bedtime Routine
9:30	Lights Out

Wednesday	Schedule
7:30	Breakfast in the Dining Hall
8:30	Villages/Shower Time/Cabin Time/Get Ready for the Day
10:00	Switch to Field Groups – Rest of the day is hiking in the National Forest
10:15	Adventure Course – Low Ropes team building
11:45	Lunch in the Field
12:15	Adventure Day Class 1
1:45	Adventure Day Class 2
3:15	Adventure Day Class 3
4:55	Switch to Cabin Group
5:15	Dinner in the Dining Hall
6:15	Villages/Shower Time/Cabin Time
7:30	Line Dancing – Whole School. In the Dining Hall.
8:15	Astronomy 2. Night Hike around site.
9:00	PJs, Bedtime Routine
9:30	Lights Out

Thursday	Schedule
7:30	Breakfast in the Dining Hall
8:30	Villages/Shower Time/Cabin Time/Get Ready for the Day
10:00	Switch to Field Groups – Rest of the day is hiking in the National Forest
10:15	Environmental Class 1
12:15	Lunch in the Field
12:45	Environmental Class 2
2:45	Outdoor Survival Hike
4:15	Brain Break – games, activities with Field Group
4:55	Switch to Cabin Group
5:15	Dinner in the Dining Hall
6:15	Villages/Shower Time/Cabin Time
7:30	Closing Night Campfire – Whole School. Outside at the amphitheater.
8:15	Cabin Time/Pack Up
9:00	PJs, Bedtime Routine
9:30	Lights Out

Friday	Schedule
6:45	Move Out of Cabins
7:30	Breakfast
8:45	Attend the Play of the Lorax, Summits. Outside at the Amphitheater
9:45	Switch to Field Group/Final Goodbyes/Last Bathroom Runs
10:30	Departure