

# High Trails Packing List

3 pieces of luggage per student. Please make sure that your name and school is easily visible on all pieces of luggage. Students must carry their own bags, so pack carefully!

## LUGGAGE #1: SMALL SCHOOL TYPE BACKPACK TO CARRY ON BUS

This is what you'll have with you during the day, and it is the only luggage you'll have access to until after dinner on the first day. **It is COLD up here, so be ready right when you get off the bus.** You must wear long pants (No leggings) and sturdy shoes (snow boots in winter) on the day you arrive. Your daypack must have the below items in it as you get off the bus.

- |  |   |
|--|---|
| <input type="checkbox"/> Water Bottle with your name on it * | <input type="checkbox"/> Jacket/Poncho: Wind/Waterproof * |
| <input type="checkbox"/> Small Flashlight                    | <input type="checkbox"/> Warm Winter Coat *               |
| <input type="checkbox"/> Warm Gloves                         | <input type="checkbox"/> Long Sleeved Sweatshirt/Fleece * |
| <input type="checkbox"/> Extra socks *                       | <input type="checkbox"/> Winter Hat                       |
| * <b>ABSOLUTELY ESSENTIAL</b>                                | <input type="checkbox"/> Hiking Shoes/Snow Boots          |

## LUGGAGE #2: BEDROLL – ACCESSIBLE AFTER DINNER

One pillow and one sleeping bag rolled up and placed in a garbage bag for weather protection. Label the bag with name and school. Sheets and warm blankets are acceptable as well.

## LUGGAGE #3: SUITCASE/DUFFEL BAG – ACCESSIBLE AFTER DINNER

Inside your suitcase/duffel bag, we suggest placing your items inside a large ziplock or garbage bag in case it snows or rains.

### Clothing: check off as you pack

- ☐ Lightweight Shoes
- ☐ Long Pants: 3 pair **NO SHORTS/LEGGINGS!**
- ☐ Long Underwear: Top & Bottom
- ☐ Underwear
- ☐ Wool and Cotton Socks – 8 pairs
- ☐ Pajamas
- ☐ T-Shirts – no tank tops
- ☐ Long Sleeved Shirts

### Personal Items: check off as you pack

- ☐ Camera/Film **NO PHONES!**
- ☐ Chapstick and Sunscreen
- ☐ Shower Sandals
- ☐ Towel and Washcloth
- ☐ Soap and Shampoo
- ☐ Brush/Comb
- ☐ Toothbrush and Toothpaste
- ☐ Books/Magazines

It gets very cold at High Trails sometimes, so we encourage you to focus on several thin clothing layers instead of one thick layer. This method lets you put a layer on when you get cold and take one off when you get hot, avoiding the old scenario of "I'm too hot with my jacket on but I'm too cold with it off". Please make sure when you pack for High Trails that you can wear up to 5 layers on your upper body (long underwear, long sleeve shirt, sweatshirt, winter coat, waterproof jacket/poncho) and 2 layers on your lower body (long underwear, warm pants).

Please note that there is a huge difference between a coat or poncho that is waterproof and one that is just water resistant. If you send your child with a coat that is water resistant, the water will quickly soak through and they will get cold and wet!

## DON'T BRING TO HIGH TRAILS LIST

If it is not permitted at your school, please don't bring it to High Trails! **We will confiscate all of these items immediately upon your arrival:**

- **NO** food, drinks, candy, gum, or money (there is nothing to buy).
- **NO** cell phones or electronic gear, including smart watches
- **NO** make up, perfume, hair spray, etc. These only attract bugs to you!
- **NO** matches, lighters, pocket knives, or any weapons.

## WRITE YOUR NAME ON EVERYTHING

**High Trails is not responsible for lost or stolen items.**